

BRITISH ATHLETICS LEAGUE**2010 LEAGUE FIXTURES**

Date	Premiership	National 1	National 2	National 3	National 4
June 5th	COPTHALL Shaftesbury Joint with Nat 3	CARDIFF Cardiff Joint with UKWL		COPTHALL Southend Joint with Premiership	ASHFORD Medway & Maidstone
June 6th (Sunday)			DERBY Derby		
July 3rd	ALEXANDER STADIUM Birchfield	DON VALLEY Sheffield	KINGSTON HHH	YEOVIL Yeovil	BEDFORD Bedford Jt with UKWL
July 31st	WINDSOR WSE&H Joint with UKWL	NORMAN PARK Blackheath	LEEDS Leeds	WINCHESTER Southampton	SCOTSTOUN Glasgow City
August 21st	LEA VALLEY Enfield & Haringey	WAVERTREE Liverpool	LINFORD CHRISTIE TVH	SWANSEA Swansea	GUERNSEY Channel Islands

EVENTS

Matches 1&4 will be a 3k, while matches 2&3 will be the usual 5k. There will be no amendments to timetable because of this. In matches 2&4 the heights in the PV and HJ will be the ones ending in 3's and 8's as last year.

OTHER FIXTURES & MEETINGS

10 IN 100 Semi – 24th July Final – 4th September **JO SMITH CUP** 4th September
QUALIFIER – 18th September – Abingdon with the usual 5000m
ANNUAL GENERAL MEETING 13th November 2010 Eton