



National One Match 3 - Winchester				Perf	Record	Wind	UKA	AW	31 July 2010				Perf	Wind	UKA	AW	
Men's 100m A				Wind=	+0.6				Men's 100m B				Wind=	+0.4			
1	6	Wyn Roberts	Swansea H	10.80			100	☑	1	77	Oliver King	Southampton AC	11.13				☑
2	3	Richard Morrissey (u20)	Havering Mayesbrook AC	11.16				☑	2	55	James McLean	Southend AC	11.27				☑
3	5	Jake King	Southend AC	11.36					3	33	Shaun Stewart	Havering Mayesbrook AC	11.32				
4	7	Sean Foord	Southampton AC	11.40					4	44	Victor Nwagbara	Kingston AC & Poly Harriers	11.35				
5	4	Jordan Smith- Bent	Kingston AC & Poly Harriers	11.42					5	11	Rhys Bennet	Bournemouth AC	11.84				
6	2	Sean Buckeridge	Exeter Harriers	11.49					6	66	Kueni Igbarigi	Swansea H	12.01				
7	8	Bradley Down (U20)	Yeovil Olympiads	11.96					7	88	Jake Cory (u17)	Yeovil Olympiads	12.05				
8	1	Adam Potter	Bournemouth AC	DQ					8	22	Stephen Bailey	Exeter Harriers	12.06				
Men's 200m A				Wind=	-0.5m/s				Men's 200m B				Wind=	-0.5m/s			
1	6	Wyn Roberts	Swansea H	22.08			67	☑	1	55	Jake King	Southend AC	22.50				☑
2	7	Oliver King	Southampton AC	22.28				☑	2	33	Isaac Ogunlade (u20)	Havering Mayesbrook AC	23.08				
3	4	Justin Green	Kingston AC & Poly Harriers	22.74				☑	3	77	Sean Foord	Southampton AC	23.12				
4	5	James McLean	Southend AC	23.16					4	22	Sean Buckeridge	Exeter Harriers	23.36				
5	1	Adam Potter	Bournemouth AC	23.37					5	44	Chris Hall	Kingston AC & Poly Harriers	23.63				
6	2	Sam Peters	Exeter Harriers	23.67					6	66	Owen Jones	Swansea H	23.69				
7	3	Jimi Tele (u17)	Havering Mayesbrook AC	24.33					7	11	Rhys Bennet	Bournemouth AC	24.25				
8	8	Bradley Down (U20)	Yeovil Olympiads	24.61					8	88	Chris Hewitson (u20)	Yeovil Olympiads	24.51				
Men's 400m A									Men's 400m B								
1	3	Richard Morrissey (u20)	Havering Mayesbrook AC	48.01			119	☑	1	33	Shaun Stewart	Havering Mayesbrook AC	50.25				☑
2	2	Sam Peters	Exeter Harriers	49.83				☑	2	22	Matt Parsley	Exeter Harriers	51.54				
3	6	Andrew Smith	Swansea H	50.11				☑	3	11	Karl Welch	Bournemouth AC	51.97				
4	8	Andrew Falkner	Yeovil Olympiads	50.23				☑	4	44	Adam Bellis	Kingston AC & Poly Harriers	52.16				
5	1	Darryn Campbell	Bournemouth AC	50.37				☑	5	77	David Bolton (u20)	Southampton AC	52.45				
6	4	Adam Omisore	Kingston AC & Poly Harriers	50.85				☑	6	88	Davey Platt	Yeovil Olympiads	53.82				
7	7	Aaron Bennett (U20)	Southampton AC	51.56					7	55	Graham Easty	Southend AC	55.97				
8	5	Lloyd Heard	Southend AC	53.15					8	66	Emyr Jones	Swansea H	64.25				
Men's 800m A									Men's 800m B								
1	1	Ryan Saunders	Bournemouth AC	1:54.18					1	22	Owen Warpole	Exeter Harriers	1:54.75				
2	5	David Gibbon	Southend AC	1:54.33					2	77	Jon Slade	Southampton AC	1:54.77				
3	6	Jonathan Williams	Swansea H	1:54.64					3	66	Andrew Smith	Swansea H	1:58.53				
4	2	James Ansell	Exeter Harriers	1:54.94					4	55	Lloyd Heard	Southend AC	1:59.00				
5	8	Davy Platt	Yeovil Olympiads	1:55.69					5	88	Dominic Henry	Yeovil Olympiads	2:02.78				
6	3	Paul Adair (U20)	Havering Mayesbrook AC	1:57.83					6	11	Conor Mugan	Bournemouth AC	2:03.84				
7	7	Harry Fisher (U20)	Southampton AC	1:58.62					7	33	Joseph Waked (u20)	Havering Mayesbrook AC	2:04.46				
8	4	Andy Arbour (v35)	Kingston AC & Poly Harriers	2:19.85					8	44	Gordon Lester	Kingston AC & Poly Harriers	2:38.97				
Men's 1500m A									Men's 1500m B								
1	1	Conor Mugan	Bournemouth AC	4:05.54					1	55	David Gibbon	Southend AC	4:07.73				
2	5	Tom Frith	Southend AC	4:07.08					2	22	Owen Warpole	Exeter Harriers	4:10.22				
3	6	Marc Hobbs	Swansea H	4:07.93					3	11	Fergus O'Reilly	Bournemouth AC	4:10.69				
4	2	Jack Bancroft	Exeter Harriers	4:08.19					4	7	Gareth Klepacz	Southampton AC	4:11.61				
5	77	Matt Missen	Southampton AC	4:08.66					5	66	Sullivan Smith	Swansea H	4:12.26				
6	4	Craig Price	Kingston AC & Poly Harriers	4:09.26					6	44	George Corcoran(U20)	Kingston AC & Poly Harriers	4:16.88				
7	3	Matthew Bland	Havering Mayesbrook AC	4:14.62					7	33	Jamie Buckley-Stanton (u2)	Havering Mayesbrook AC	4:22.74				
8	8	Alex Wiltshire (U20)	Yeovil Olympiads	4:47.69					8	88	Lewis Guest (u17)	Yeovil Olympiads	5:34.91				
Men's 3000m S/Chase A									Men's 3000m S/Chase B								
1	8	Charlie McLean (U20)	Yeovil Olympiads	9:22.37					1	33	Jason Lendon	Havering Mayesbrook AC	10:12.02				
2	6	Sullivan Smith	Swansea H	9:23.05					2	44	James Robertson	Kingston AC & Poly Harriers	10:27.47				
3	2	Ollie Berry	Exeter Harriers	9:45.53					3	22	Lee Salter	Exeter Harriers	10:31.00				
4	3	Robert Warner	Havering Mayesbrook AC	9:48.13					4	88	Alex Wiltshire (U20)	Yeovil Olympiads	10:51.27				
5	4	Tom Beedell	Kingston AC & Poly Harriers	10:07.20	X				5	66	Steve Richards	Swansea H	11:03.53				
6	1	Rob Hardyman	Bournemouth AC	10:16.81					6	55	Mark Bailey	Southend AC	11:54.67				
7	5	Howard Clarke	Southend AC	10:48.61					7								X
8	7	Pete Davis	Southampton AC	11:15.81					8								
Men's 5000m A									Men's 5000m B								
1	5	Adam Hickey	Southend AC	14:55.29					1	55	Ben Hunter	Southend AC	15:47.27				
2	66	Peter Bridger	Swansea H	15:13.63					2	4	Jud Hough	Kingston AC & Poly Harriers	15:54.01				
3	11	Ian Habgood	Bournemouth AC	15:25.44					3	6	Marc Hobbs	Swansea H	16:06.33				
4	8	Jon James	Yeovil Olympiads	15:33.32					4	1	Rob McTaggart	Bournemouth AC	16:13.38				
5	44	Chris Bannon	Kingston AC & Poly Harriers	15:36.21					5	22	Pete Stockman	Exeter Harriers	17:26.22				
6	77	Alex Wall-Clarke	Southampton AC	16:02.79					6	88	Tristan Cooper	Yeovil Olympiads	17:51.27				
7	3	Chris Smith	Havering Mayesbrook AC	16:14.36					7	33	Jason Lendon	Havering Mayesbrook AC	18:22.24				
8	2	Mark Cowan	Exeter Harriers	16:53.34					8	7	Steve Phillips	Southampton AC	19:52.61				
Men's 400m Hurdles A									Men's 400m Hurdles B								
1	8	Andrew Falkner	Yeovil Olympiads	53.77			110	☑	1	88	Simon Davies (U20)	Yeovil Olympiads	55.97			55	☑
2	3	Isaac Ogunlade (u20)	Havering Mayesbrook AC	55.31			72	☑	2	77	Jamie Horder	Southampton AC	56.49				☑
3	2	Richard Scott	Exeter Harriers	55.53			66	☑	3	22	Lee Salter	Exeter Harriers	57.23				☑
4	7	Sean Adams (U17)	Southampton AC	56.02			54	☑	4	33	Adam McCarthy	Havering Mayesbrook AC	58.22				
5	5	Greg Goodrew	Southend AC	56.80				☑	5	55	Graham Easty	Southend AC	63.37				
6	4	Maris Kuklis	Kingston AC & Poly Harriers	62.33					6	66	Daniel Williams	Swansea H	66.62				
7	1	Nigel Hayman	Bournemouth AC	62.99					7	44	Bilen Ahmet	Kingston AC & Poly Harriers	66.89				
8	6	Steve Richards	Swansea H	71.89					8	11	Rob Hardyman	Bournemouth AC	69.90				



National One Match 3 - Winchester				Perf	Record	Wind	UKA	AW	31 July 2010				Perf	Wind	UKA	AW	
Men's 110m Hurdles A				Wind=	-0.2m/s				Men's 110m Hurdles B				Wind=	-0.1m/s			
1	6	Owen Jones	Swansea H	15.22			52	<input checked="" type="checkbox"/>	1	33	Leo Barker	Havering Mayesbrook AC	15.96				<input checked="" type="checkbox"/>
2	5	Simon Hemming	Southend AC	15.69				<input checked="" type="checkbox"/>	2	55	Greg Goodrew	Southend AC	16.44				
3	3	Anthony Williams	Havering Mayesbrook AC	15.98				<input checked="" type="checkbox"/>	3	22	James Coon	Exeter Harriers	16.76				
4	8	Andrew Holmes	Yeovil Olympiads	16.01					4	88	Chris Hewitson (u20)	Yeovil Olympiads	17.36				
5	2	Richard Scott	Exeter Harriers	16.20					5	44	Chris Hall	Kingston AC & Poly Harriers	17.68				
6	1	Nigel Hayman	Bournemouth AC	16.35					6	66	Richard Ledger	Swansea H	21.85				
7	4	Maris Kuklis	Kingston AC & Poly Harriers	18.53													
8	7	Michael Coker (v50)	Southampton AC	21.62													
Men's Hammer A									Men's Hammer B								
1	6	Ritchie Wells	Swansea H	52.94			109	<input checked="" type="checkbox"/>	1	22	Rob Woodger	Exeter Harriers	37.11				
2	5	Rob Earle	Southend AC	52.69			108	<input checked="" type="checkbox"/>	2	55	Pat Halcrow	Southend AC	29.95				
3	8	Adam Beauford	Yeovil Olympiads	50.90			99	<input checked="" type="checkbox"/>	3	88	Peter Exely (v55)	Yeovil Olympiads	28.33				
4	4	Gareth Cook	Kingston AC & Poly Harriers	48.34			86	<input checked="" type="checkbox"/>	4	44	Humphrey Waddington	Kingston AC & Poly Harriers	23.84				
5	2	Jon Milum	Exeter Harriers	47.50			82	<input checked="" type="checkbox"/>	5	3	Emmanuel Quarshie (u20)	Havering Mayesbrook AC	22.18				
6	1	Andy Turner	Bournemouth AC	41.49			52	<input checked="" type="checkbox"/>	6	66	Alex Jackson	Swansea H	19.41				
7	7	Maximilian Peisker	Southampton AC	40.39				<input checked="" type="checkbox"/>	7	77	Todd Bennett (V45)	Southampton AC	17.99				
8	33	Sam Harrison	Havering Mayesbrook AC	27.07					8	11	Darryn Campbell	Bournemouth AC	12.93				
Men's Discus A									Men's Discus B								
1	8	Liam Biddlecombe (U20)	Yeovil Olympiads	46.41			109	<input checked="" type="checkbox"/>	1	55	Pat Halcrow	Southend AC	41.94		78	<input checked="" type="checkbox"/>	
2	5	Rob Earle	Southend AC	42.14			79	<input checked="" type="checkbox"/>	2	2	Dave Dawson	Exeter Harriers	38.52		54	<input checked="" type="checkbox"/>	
3	1	Simon Fricker	Bournemouth AC	41.47			75	<input checked="" type="checkbox"/>	3	88	Simon Biddlecombe	Yeovil Olympiads	37.60			<input checked="" type="checkbox"/>	
4	66	Peter Roberts	Swansea H	39.33			60	<input checked="" type="checkbox"/>	4	11	Andy Turner	Bournemouth AC	35.90			<input checked="" type="checkbox"/>	
5	7	Gary Newton	Southampton AC	39.31			60	<input checked="" type="checkbox"/>	5	44	Andy Wheble	Kingston AC & Poly Harriers	34.23				
6	22	Matt Smith	Exeter Harriers	38.63			55	<input checked="" type="checkbox"/>	6	6	Ritchie Wells	Swansea H	31.28				
7	3	Leo Barker	Havering Mayesbrook AC	38.56			54	<input checked="" type="checkbox"/>	7	33	Sam Harrison	Havering Mayesbrook AC	26.25				
8	4	Nick Owen	Kingston AC & Poly Harriers	35.77				<input checked="" type="checkbox"/>	8	77	Maximilian Peisker	Southampton AC	26.11				
Men's Javelin A									Men's Javelin B								
1	2	Matt Smith	Exeter Harriers	66.46			140	<input checked="" type="checkbox"/>	1	11	James Lelliot	Bournemouth AC	53.21		57	<input checked="" type="checkbox"/>	
2	1	Aaron Harris	Bournemouth AC	58.49			90	<input checked="" type="checkbox"/>	2	33	Sam Harrison	Havering Mayesbrook AC	49.70				
3	3	Bradley Burr (u20)	Havering Mayesbrook AC	52.26			51	<input checked="" type="checkbox"/>	3	4	Mike Clarke	Kingston AC & Poly Harriers	46.73				
4	44	Chris Dack	Kingston AC & Poly Harriers	51.95				<input checked="" type="checkbox"/>	4	77	Maximilian Peisker	Southampton AC	45.23				
5	7	Peter Hoe	Southampton AC	48.98					5	8	Ben Rendell	Yeovil Olympiads	39.29				
6	6	Richard Ledger	Swansea H	45.44					6	66	Peter Roberts	Swansea H	38.08				
7	88	Neil Price	Yeovil Olympiads	44.71					7	22	Rob Woodger	Exeter Harriers	32.66				
8	5	Pat Halcrow	Southend AC	32.62					8	55	Jason Fry	Southend AC	32.41				
Men's Shot Putt A									Men's Shot Putt B								
1	44	Nick Owen	Kingston AC & Poly Harriers	14.45			86	<input checked="" type="checkbox"/>	1	55	Rob Earle	Southend AC	12.38				
2	1	Simon Fricker	Bournemouth AC	14.13			78	<input checked="" type="checkbox"/>	2	33	Leo Barker	Havering Mayesbrook AC	11.96				
3	5	Pat Halcrow	Southend AC	13.91			72	<input checked="" type="checkbox"/>	3	11	Andy Turner	Bournemouth AC	11.64				
4	2	Dave Dawson	Exeter Harriers	13.90			72	<input checked="" type="checkbox"/>	4	4	Gareth Cook	Kingston AC & Poly Harriers	11.19				
5	8	Liam Biddlecombe (U20)	Yeovil Olympiads	13.61			65	<input checked="" type="checkbox"/>	5	77	Maximilian Peisker	Southampton AC	11.08				
6	7	Gary Newton	Southampton AC	12.42					6	88	Adam Beauford	Yeovil Olympiads	10.51				
7	3	Emmanuel Quarshie (u20)	Havering Mayesbrook AC	12.31					7	66	Peter Roberts	Swansea H	10.39				
8	6	Ritchie Wells	Swansea H	11.28					8	22	Rob Woodger	Exeter Harriers	10.35				
Men's Long Jump A									Men's Long Jump B								
1	4	David Cook	Kingston AC & Poly Harriers	6.97		-0.10	83	<input checked="" type="checkbox"/>	1	1	James Lelliot	Bournemouth AC	6.70		-1.10	49	<input checked="" type="checkbox"/>
2	11	Bradley Pickup	Bournemouth AC	6.87		-0.40	71	<input checked="" type="checkbox"/>	2	44	Chris Hall	Kingston AC & Poly Harriers	6.69		-1.40		<input checked="" type="checkbox"/>
3	33	Shaun Stewart	Havering Mayesbrook AC	6.80		-0.50	62	<input checked="" type="checkbox"/>	3	3	Joseph Ramie	Havering Mayesbrook AC	6.64		0.70		<input checked="" type="checkbox"/>
4	6	Wyn Roberts	Swansea H	6.62		1.50		<input checked="" type="checkbox"/>	4	66	Kueni Igbarigi	Swansea H	6.22		-2.10		
5	5	Pat Halcrow	Southend AC	6.39		1.80			5	55	Jake King	Southend AC	6.04		0.50		
6	8	Andrew Holmes	Yeovil Olympiads	6.26		-0.80			6	22	Josh Tunstall	Exeter Harriers	5.86		0.80		
7	77	Chris Bull	Southampton AC	5.97		-1.30			7	88	Jake Cory (u17)	Yeovil Olympiads	5.73		0.50		
8	2	Ian Allen	Exeter Harriers	5.87		-0.50			8	7	Peter Hoe	Southampton AC	5.68		1.30		
Men's Triple Jump A									Men's Triple Jump B								
1	66	Owen Jones	Swansea H	14.07		0.30	76	<input checked="" type="checkbox"/>	1	6	Wyn Roberts	Swansea H	13.30		-1.70		<input checked="" type="checkbox"/>
2	11	Bradley Pickup	Bournemouth AC	13.40		-0.90		<input checked="" type="checkbox"/>	2	1	James Lelliot	Bournemouth AC	13.24		2.00		<input checked="" type="checkbox"/>
3	7	Matt Watson	Southampton AC	13.25		-1.40		<input checked="" type="checkbox"/>	3	77	Chris Bull	Southampton AC	12.97		-0.40		
4	3	Anthony Williams	Havering Mayesbrook AC	13.24		1.60		<input checked="" type="checkbox"/>	4	4	Ben White	Kingston AC & Poly Harriers	12.57		0.60		
5	44	Chris Hall	Kingston AC & Poly Harriers	12.82		0.0			5	22	Ian Allen	Exeter Harriers	11.92		0.30		
6	2	Josh Tunstall	Exeter Harriers	12.61		0.40			6	88	Chris Hewitson (u20)	Yeovil Olympiads	11.73		-0.70		
7	55	Simon Hemming	Southend AC	11.91		2.20			7	33	Jeremy Watson	Havering Mayesbrook AC	11.73		0.30		
8	8	Lewis Guest (u17)	Yeovil Olympiads	11.75		-0.20			8	5	Greg Goodrew	Southend AC	11.72		0.50		
Men's High Jump A									Men's High Jump B								
1	1	Matt Sloane	Bournemouth AC	2.00			90	<input checked="" type="checkbox"/>	1	55	Greg Goodrew	Southend AC	1.75				
####	7	Matt Watson	Southampton AC	1.90				<input checked="" type="checkbox"/>	2	11	Bradley Pickup	Bournemouth AC	1.75				
####	6	Ben davies	Swansea H	1.90				<input checked="" type="checkbox"/>	###	88	James Quirk	Yeovil Olympiads	1.70				
4	2	Ashley Barker	Exeter Harriers	1.85					###	44	Bilen Ahmet	Kingston AC & Poly Harriers	1.70				
5	8	Ben Rendell	Yeovil Olympiads	1.85					5	66	Daniel Williams	Swansea H	1.70				
6	3	Jeremy Watson	Havering Mayesbrook AC	1.80					6	22	Ian Allen	Exeter Harriers	1.70				
7	5	Pat Halcrow	Southend AC	1.80					7	33	Bradley Burr (u20)	Havering Mayesbrook AC	1.60				
8	4	Humphrey Waddington	Kingston AC & Poly Harriers	1.75													



National One Match 3 - Winchester

Perf Record Wind UKA AW

31 July 2010

Perf Wind UKA AW

Men's Pole Vault A

Table with 4 columns: Rank, Name, Club, Time. Results for Men's Pole Vault A.

Men's Pole Vault B

Table with 4 columns: Rank, Name, Club, Time. Results for Men's Pole Vault B.

Men's 4x100m Relay

Table with 4 columns: Rank, Name, Club, Time. Results for Men's 4x100m Relay.

Table with 4 columns: Rank, Name, Club, Time. Results for Men's 4x100m Relay.

Table with 4 columns: Rank, Name, Club, Time. Results for Men's 4x100m Relay.

Table with 4 columns: Rank, Name, Club, Time. Results for Men's 4x100m Relay.

Table with 4 columns: Rank, Name, Club, Time. Results for Men's 4x100m Relay.

Men's 4x400m Relay

Table with 4 columns: Rank, Name, Club, Time. Results for Men's 4x400m Relay.

Table with 4 columns: Rank, Name, Club, Time. Results for Men's 4x400m Relay.

Table with 4 columns: Rank, Name, Club, Time. Results for Men's 4x400m Relay.

Table with 4 columns: Rank, Name, Club, Time. Results for Men's 4x400m Relay.

Table with 4 columns: Rank, Name, Club, Time. Results for Men's 4x400m Relay.

MATCH RESULT

League Points

Match

Table with 3 columns: Rank, Name, League Points. Match results.

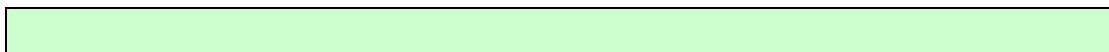
STANDINGS

League Points

Match

Table with 3 columns: Rank, Name, League Points. Standings.

MAN OF THE MATCH:



Men's 100m Non Scoring

Wind = +2.6 m/s

Table with 4 columns: Rank, Name, Club, Time. Results for Men's 100m Non Scoring.