

100m A

1 Stefan Mitchell	CBG 11.0
2 Gareth Price	TSN 11.1
3 Jake King	STD 11.1
4 Luke Smallwood	M&M 11.2
5 Judah Simpson	DBY 11.2
6 Micheal Grant	BFD 11.2
7 Richard Reeks	BMT 11.2
8 Matt Sinclair	CWL 11.3

100m B

1 Adam Richardson	TSN 11.2
2 Arthur Tanoh	CBG 11.2
3 Matt Harison	STD 11.2
4 Sean Taylor	DBY 11.3
5 Seb Rodger	CWL 11.4
6 Sturat Hitchcok	M&M 11.4
7 Adam Omisore	BMT 11.4
8 Richard Elliott	BFD 11.4

200m A

1 Stafan Mitchell	CBG 22.1
2 Luke Smallwood	M&M 22.2
3 Gareth Price	TSN 22.5
4 El-Hussanie Azzoui	CWL 22.5
5 Jake King	STD 22.6
6 Micheal Grant	BFD 22.7
7 Jon Hornblow	DBY 22.7
8 James Warsop	BMT 23.1

200m B

1 Luke Sargaent	CWL 22.5
2 Judah Simpson	DBY 22.7
3 Marcus Hunt	STD 22.8
4 Arthur Tanoh	CBG 22.8
5 Ross Langford	TSN 23.1
6 Adam Omisore	BMT 23.2
7 Sturat Hitchcok	M&M 23.3
8 Richard Elliott	BFD 23.7

400m A

1 Jon Hornblow	DBY 48.9
2 Marcus Hunt	STD 49.0
3 Darryn Campbell	TSN 49.9
4 Matt Sinclair	CWL 50.1
5 Shaun Leigh	BFD 51.6
6 Tim Alexander	M&M 52.1
7 Richard Reeks	BMT 52.4
8 Jamie Wass	CBG 54.1

400m B

1 Matt Harrison	STD 49.4
2 Martin Cook	DBY 50.0
3 Francois Potgieter	CBG 51.1
4 Kerl Welch	BMT 51.4
5 Gareth Beech	TSN 51.7
6 Craig Cox	CWL 53.0
7 Anderues Safars	M&M 53.6
8 Sam Wallraw	BFD 53.8

800m A

1 Dean Lacy	CBG 1.54.6
2 Matt Furber	CWL 1.54.8
3 Dave Smale	STD 1.55.1
4 Richard Weir	DBY 1.55.3
5 John Slade	TSN 1.55.8
6 Nelson Hall	BFD 1.56.0
7 Tim Alexander	M&M 1.56.7
8 Karl Welch	BMT 1.58.9

800m B

1 Gareth Beech	TSN 1.56.8
2 Luke Gunn	DBY 1.57.0
3 Nick Duggan	CWL 1.57.8
4 Pete Smale	STD 1.59.1
5 Anderues Safars	M&M 1.59.4
6 Micheal Gudwin	BFD 2.00.6
7 David Reader	CBG 2.01.4
8 Conor Mugan	BMT 2.02.6

1500m A

1 Joel Kider	CWL 3.56.4
2 Nelson Hall	BFD 3.56.7
3 Luke Gunn	DBY 3.57.3
4 Ben Tular	M&M 3.58.4
5 David Gibbon	STD 4.01.2
6 Sam Murphy	CBG 4.04.9
7 Martin Johnson	TSN 4.05.8
8 Furgus O'Reilly	BMT 4.07.1

1500m B

1 Jack Tular	M&M 3.59.6
2 Mark Burchett	CWL 4.02.4
3 Niall Maguir	DBY 4.03.8
4 Dean Lacy	CBG 4.08.4
5 Alex Beliiisw	BFD 4.09.7
6 Russell Osborn	TSN 4.11.0
7 Howard Clarke	STD 4.12.6
8 Joe Blackmore	BMT 4.14.5

5000m A

1 Matt Janes	BFD 14.45.0
2 Alex Pitcher	DBY 14.47.0
3 Adam Hickey	STD 14.53.8
4 Paul Rodger	CWL 14.57.0
5 Alex Wall-Clarck	TSN 15.32.4
6 Tom Collins	M&M 15.59.9
7 Robert McTaggart	BMT 16.19.4
8 Matt Win-Smith	CBG 16.29.4

5000m B

1 Gavin Thompson	CWL 15.23.1
2 Johny Gilby	DBY 15.29.2
3 Matt Bennett	TSN 16.00.0
4 Steve Whittaker	STD 16.19.4
5 Ian White	BMT 16.36.1
6 Mark Penny	CBG 16.37.2
7 Jim McMahon	BFD 16.46.4
8 Ben Tyler	M&M 17.02.0

110mH A

1 Francois Potgieter	CBG 14.7
2 Richard Reeks	BMT 15.0
3 Maryin Brokman	M&M 15.7
4 Greg Goodrem	STD 16.9
5 Ciaron Craig	BFD 16.9
6 Bradley Hall	CWL 17.3
7 Philip Coker	TSN 18.9
8 Francis Backer	DBY DNF

110mH B

1 Lasse Tietje	BMT 16.0
2 Ben McIlroy	CWL 16.3
3 Scot Partridge	DBY 19.7
4 Alex Beach	M&M 19.8
5 Graham Eastly	STD 20.0
6 Kevin Kwarteng	CBG 21.6
7 Paul Derrien	TSN 22.2

400mH A

1 Francois Potgieter	CBG 54.9
2 Alan Cooper	BFD 55.8
3 John Bell	DBY 56.7
4 Ben McIlroy	CWL 57.6
5 Greg Goodrem	STD 60.0
6 Mark Cryer	M&M 60.9
7 Lasse Tietje	BMT 60.9
8 Philip Coker	TSN 63.5

400mH B

1 Scot Partridge	DBY 58.3
2 Graham Eastly	STD 58.5
3 Andrew Knight	CBG 63.6
4 Chris Morgan	CWL 64.4
5 Alex Beach	M&M 65.9
6 Jacob Lewis	TSN 72.4
7 John Sharkey	BMT 74.0

3000m SC A

1 Dave Mestbury	DBY 9.09.7
2 Joel Clewett	CWL 9.42.3
3 Tom Collins	M&M 9.51.6
4 Steven Tuttle	BFD 10.17.4
5 John Smarkey	BMT 10.26.4
6 Pete Smale	STD 11.43.0
7 Derek Warn	TSN 13.28.4
8 Paul Kent	CBG 14.37.2

3000m SC B

1 Chris Davison	DBY 10.01.5
2 Rob Creed	CWL 10.27.0
3 Sam Wallbank	BFD 10.29.0
4 Nick Slade	M&M 11.05.8
5 Robert Hardyman	BMT 11.10.1
6 Kyle Aldridge	STD 11.57.2
7 Adam Brett	CBG 16.05.9

Discus Throw A

1 Andrew Kruszewski	CBG 43.65
2 Rob Earle	STD 41.76
3 Marcus Francis	DBY 40.05
4 Martin Brokman	M&M 38.59
5 Matt Frampton	BMT 37.37
6 Dave Burrer	BFD 36.35
7 Neil Mansb	CWL 35.63
8 Paul Derrien	TSN 35.50

Discus Throw B

1 Anthony Tipping	CBG 37.79
2 Richard Reeks	BMT 35.91
3 Bradly Hall	CWL 34.86
4 Chris Jack	DBY 34.78
5 Ciaron Craig	BFD 30.81
6 Dave Codon	STD 30.25
7 Garry Newton	TSN 29.76
8 Sturat Hitchcok	M&M 28.41

Hammer Throw A

1 Glen Kerr	BFD 57.02
2 Matt Frampton	BMT 56.95
3 Rob Earle	STD 50.71
4 Jason Robinson	DBY 45.28
5 Paul Derrien	TSN 43.69
6 Neil Mansbridge	CWL 39.06
7 Chris Nelliush	CBG 37.11
8 Chris Bowman	M&M 15.85

Hammer Throw B

1 Darren Kerr	BFD 45.67
2 Chris Jack	DBY 44.46
3 Simon Armstrong	BMT 39.87
4 Nathan Harland-Smith	CWL 37.34
5 Anthony Tipping	CBG 34.72
6 Dave Codon	STD 34.51
7 Adam Richards	TSN 30.46
8 Alex Beach	M&M 14.66

High Jump A

1 Scott Jonson	BFD 2.05
2 Mathew Sloane	BMT 2.00
3 Francis Baker	DBY 1.95
4 Martin Brokman	M&M 1.95
5 Francois Potgieter	CBG 1.90
6 Harry Lane	CWL 1.90
7 Kevin Brown	STD 1.85
8 John Glade	TSN 1.60

High Jump B

1 Greg Gooderm	STD 1.80
2 Alex Cox	BMT 1.80
3 Dave Alexnander	M&M 1.80
4 Shane Booth	DBY 1.75
5 Ciaron Craig	BFD 1.75
6 Kevin Kwarteng	CBG 1.75
7 George Simpkins	CWL 1.75
8 Ross Langford	TSN 1.40

Javelin Throw A

1 Craig Lacy	CBG 54.04
2 Luke Burton	CWL 50.61
3 Lasse Tietje	BMT 46.91
4 Shaun Leigh	BFD 44.86
5 Jacob Lewis	TSN 44.32
6 Dave Condon	STD 42.27
7 Sturat Hitchcok	M&M 41.31
8 Ryan Winson	DBY 39.62

Javelin Throw B

1 Neil Maisbridge	CWL 47.64
2 Graham Smith	CBG 44.38
3 Gert Lippens	BMT 43.71
4 Dave Burrel	BFD 42.83
5 Liam Peoples	STD 38.39
6 Paul Derrien	TSN 37.65
7 Shane Booth	DBY 33.12
8 Mark Cryer	M&M 23.73

Long Jump A

1 Bradley Pickup	BMT 6.86
2 Sturat Hitchcock	M&M 6.83
3 Francis Baker	DBY 6.81
4 Seb Rodger	CWL 6.77
5 Nnaenka Ezenwa	CBG 6.60
6 Ian Simson	BFD 6.24
7 Kevin Brown	STD 6.04
8 Chris Bull	TSN 6.01

Long Jump B

1 Richard Reeks	BMT 6.81
2 Martin Brokmann	M&M 6.41
3 Chirs Morgan	CWL 6.33
4 Dave Smith	DBY 6.15
5 Kevin Kwarteng	CBG 6.00
6 Ciaron Craig	BFD 5.95
7 Jacob Evans	TSN 5.95
8 Liam Paoples	STD 5.53

Pole Vault A

1 Matt Devereux	BFD 4.85
2 Richard Reeks	BMT 4.40
3 Aaron Kaye	STD 4.20
4 Richard Hunby	TSN 4.00
5 Francis Baker	DBY 3.60
6 Bradley Hall	CWL 3.60
7 Francois Potieter	CBG 2.60
8 Chris Bowman	M&M 2.20

Pole Vault B

1 Jason Fry	STD 4.00
2 Ciaron Craig	BFD 3.40
3 Matt Kirkland	DBY 3.20
4 Rafal Wandyz	BMT 2.60
5 Simon Preston	TSN 2.60
6 George Simpkins	CWL 2.20
7 Adam Brett	CBG 1.10

Shot Putt A

1 Dave Condon	STD 14.65
2 Martin Brokman	M&M 12.94
3 Neil Gray	BMT 12.78
4 James Cottrell	DBY 12.76
5 Neil Mansbridge	CWL 12.38
6 Dave Burren	BFD 12.10
7 Anthony Tipping	CBG 11.74
8 Garry Newton	TSN 11.52

Shot Putt B

1 Rob Earle	STD 12.84
2 Simon Armstrong	BMT 12.42
3 Andrew Kruszewski	CBG 11.59
4 Shaun Leigh	BFD 11.45
5 Marcus Francis	DBY 11.39
6 Bradley Hall	CWL 10.34
7 Paul Derrien	TSN 9.78
8 Chris Bowman	M&M 7.68

Triple Jump A

1 Darren Marsh	M&M 14.81
2 Nnaenka Ezenwa	CBG 14.54
3 Rory Constable	TSN 14.32
4 Kevin Brown	STD 14.01
5 Dave Smith	DBY 13.72
6 Bradely Pickup	BMT 13.28
7 Ian Simson	BFD 13.26
8 Bradley Hall	CWL 12.07

Triple Jump B

1 Chris Bull	TSN 13.43
2 Martin Cook	DBY 13.16
3 Josh Brown	M&M 13.02
4 Kevin Kwarteng	CBG 12.97
5 James Warsop	BMT 12.59
6 Matt Deverux	BFD 11.95
7 Chris Morgan	CWL 11.80
8 Liam Peoples	STD 10.95

Bournemouth, King's Park, Sat 4 July 2009

4x100M Relay

1 CWL 43.6	1 Chirs Morgan	2 Luke Sargaent
	3 Seb Rodger	4 El-Hussanie Azzoui
2 TSN 43.7	1 Gareth Price	2 Jacob Evans
	3 Darryn Campbell	4 Ross Langford
3 DBY 43.9	1 Judah Simpson	2 Sean Taylor
	3 Martin Cook	4 Francis Baker
4 STD 44.0	1 Jake King	2 Kevin Brown
	3 Marcus Hunt	4 Matt Harrison
5 BMT 44.8	1 James Warsop	2 Richard Reeks
	3 Adam Omisore	4 Olu Baptist
6 BFD 45.4	1 Micheal Grant	2 Richard Elliott
	3 Ian Simson	4 Matt Devereux
7 M&M 46.4	1 Martin Brokmamn	2 Ben Tular
	3 Luke Smallwood	4 Tim Alexander
8 CBG 62.6	1 Artnur Tanoh	2 David Gardener
	3 Jamie Wass	4 Stefan Mitchell

4x400M Relay

1 CWL 3.22.1	1 Matt Sinclair	2 Nick Duggan
	3 Seb Rodger	4 Matt Furber
2 M&M 3.23.6	1 Darren Marsh	2 Sturat Hitchcock
	3 Dave Alexander	4 Luke Smallwood
3 DBY 3.24.2	1 Greg Goodrum	2 Niall Maguir
	3 Richard Weir	4 Jon Hornblow
4 STD 3.25.8	1 Greg Gooderm	2 Jake King
	3 Matt Harison	4 Marcus Hunt
5 CBG 3.26.9	1 Andrew Knight	2 Jamie Wass
	3 Arthur Tanoh	4 Francois Potgieter
6 BFD 3.33.6	1 Ciaron Craig	2 Alan Cooper
	3 Shaun Leigh	4 Micheal Gudwin
7 TSN 3.34.8	1 Darryn Campbell	2 Gareth Price
	3 Ross Langford	4 John Slade
8 BMT 3.35.9	1 Karl Welch	2 Furgus O'Reilly
	3 Joe Blackmore	4 Conor Mugan

MATCH RESULT

.	Event	Lge
1	Derby AC	8
2	Crawley AC	7
3	Southend on Sea AC	6
4	Cambridge Harriers	5
5	Bournemouth AC	4
6	Bedford & County AC	3
7	Medway & Maidstone AC	2
8	Team Southampton	1

LEAGUE STANDINGS Not Available