

Mens Golden Jubilee Cup Final 2008 - Bedford 6th September

RESULTS MEN

100m		Wind Speed +1.0	High	Jump		
1	Dwayne Grant	Blackheath	10.54	1	Alan McKie	Windsor 2.10m
2	Rion Pierre	Windsor	10.7	2	Gareth Dyball	Woodford 1.90m
3	Fitzroy Falconer	Birchfield	10.91	3	John Stacey	Gateshead 1.80m
4	Colin Wilson	Woodford	11.05	4	Kevin Sempers	Trafford 1.80m
5	Nengi Ossai	SBH	11.1	5	Martin Bigg	SBH 1.50m
6	Kevin Sempers	Trafford	11.15	6		
7	Matthew Davison	Gateshead	11.31	7		
8	Will McGee	Southampton	11.34	8		

200m		Wind Speed +0.7	Triple Jui	No wind readings available		
1	Daniel Hague	Blackheath	22.4	1	Tosin Oke	Woodford 15.45m
2	Steve Johnson	Windsor	22.53	2	Mike McKernan	Birchfield 15.15m
3	Nengi Ossai	SBH	22.69	3	Oluwafemi Akinsanya	Trafford 14.30m
4	Robert Davis	Birchfield	22.72	4	Rory Constable	Southampton 13.68m
5	Darryn Campbell	Southampton	23.15	5	Sam Stanilaus	Gateshead 13.22m
6	Francis Smith	Woodford	23.15	6	Duayne Bovell	Blackheath 12.15m
7	Niall Flannery	Gateshead	23.74	7	Leslie Addy	SBH 11.14m
8	Lawrence Baird	Trafford	24.81	8		

400m				Shot Putt		
1	Jordan McGrath	Birchfield	47.74	1	Chris Gaviglio	Trafford 18.73m
2	Musa Audu	Woodford	49.6	2	Craig Sturrock	Gateshead 14.90m
3	Jamie Carmichael	Gateshead	50.73	3	Angus McInory	SBH 13.84m
4	Lawrence Baird	Trafford	51.35	4	Chris Linque	Woodford 12.36m
5	Gareth Beech	Southampton	51.98	5	Matt George	Windsor 12.00m
6	Leslie Addy	SBH	52.19	6	Adam Richardson	Southampton 11.61m
7				7	Alex Pope	Blackheath 11.47m
8				8	Dave Lawrence	Birchfield 5.41m

800m				Discus		
1	Matthew Sullivan	SBH	1.58.13	1	Chris Gaviglio	Trafford 56.09m
2	Kieran Flannery	Gateshead	1.58.45	2	Angus McInory	SBH 50.32m
3	Ashley Mildenhall	Woodford	1.58.53	3	Craig Sturrock	Gateshead 43.59m
4	Adam Watt	Birchfield	1.59.37	4	Chris Linque	Woodford 43.41m
5	Ian May	Windsor	2.00.23	5	Alex Pope	Blackheath 40.76m
6	Paul Rockcliffe	Trafford	2.01.16	6	Matt George	Windsor 34.17m
7	Russell Osbourn	Southampton	2.02.18	7	Adam Richardson	Southampton 34.00m
8				8		

3000m				400m Hurdles		
1	Jean Ndyasuga	Birchfield	8.40.10	1	Francis Smith	Woodford 53.16
2	Owain Jones	Windsor	8.41.05	2	Niall Flannery	Gateshead 54.01
3	Martyne Cryer	Woodford	8.48.09	3	Brad Yeind	Birchfield 55.16
4	Ian Salisbury	Trafford	8.58.94	4	Derek Paisley	Blackheath 55.55
5	Gareth Kaplacz	Southampton	9.00.24	5	Daniel Russell	SBH 57.71
6	Alex Bruce Littlewood	Blackheath	9.04.71	6	Ian Salisbury	Trafford 01.04.74
7	Glen Watts	SBH	9.15.59	7	Danny Hodge	Windsor 01.05.44
8	Adam Carmichael	Gateshead	9.31.18	8	Philip Coker	Southampton 01.06.50

Medley Relay			
1		Birchfield	02.23.4
2		Woodford	02.24.5
3		Blackheath	02.24.9
4		Gateshead	02.29.5
5		Southampton	02.32.1
6		SBH	02.32.7
7		Windsor	02.32.8
8		Trafford	DNS

MATCH RESULT:-

1	Woodford	74
2	Birchfield	61
3	Gateshead	56
4	SBH	52
5	Trafford	51
6	Windsor	49
7	Blackheath	43
8	Southampton	30

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100m		Wind Speed -0.5	High Jump				
1	Emma Bailey	Rugby	12.15	1	Kay Humberstone	Trafford	1.75m
2	Victoria Ohurougu	Newham	12.76	2	Frances Smithson	Windsor	1.65m
3	Jenny Heckford	Windsor	13.29	3	Clare O'Reilly	Rugby	1.60m
4	Abigail Lambden	SBH	13.43	4	Taneisha Robinson-Scanlon	SBH	1.50m
5	Joanne Harding	Trafford	16.35	5	Stephane Ugbo	Newham	1.50m
6				6			
7				7			

200m		Triple Jump					
1	Helen Pryer	Windsor	24.69	1	Trecia Smith	SBH	13.93m
2	Ellana Ruddock	Rugby	25.5	2	Claire O'Reilly	Rugby	12.10m
3	Susannah Banjo	Newham	26.74	3	Gillian Kerr	Edinburgh	12.08m
4	Nisha Desai	Trafford	27.07	4	Rochelle Jones	Newham	11.21m
5	Nina Anderson	SBH	28.32	5	Jo Wade	Windsor	7.43m
6				6			
7				7			

400m		Discus					
1	Dawn Wilson	Windsor	54.88	1	Jade Nicholls	SBH	46.12m
2	Henrietta Kodilinye-Sims	Newham	56.64	2	Emma Merry	Rugby	40.12m
3	Lynsey Sharp	Edinburgh	57.05	3	Chloe Beckett	Trafford	35.67m
4	Nina Anderson	SBH	59.48	4	Grace Jenkins	Newham	32.58m
5	Claire Pearson	Rugby	1.00.28	5	Jo Botwright	Windsor	30.97m
6				6	Gillian Cooke	Edinburgh	25.25m
7				7			

800m		Shot Putt					
1	Kerry Harty	Windsor	2.10.44	1	Trecia Smith	SBH	13.38m
2	Kathryn Evans	Edinburgh	2.12.52	2	Rachel Wallader	Rugby	13.09m
3	Leigh Lennon	Newham	2.15.20	3	Chloe Beckett	Trafford	11.86m
4	Jo Emery	Rugby	2.20.33	4	Gillian Cooke	Edinburgh	11.08m
5	Victoria O'Donnell	Trafford	2.23.49	5	Jo Wade	Windsor	9.43m
6	Chantelle Bazzoni	SBH	2.31.95	6	Charisse Tapang	Newham	9.38m
7				7			

1500m		400m Hurdles					
1	Nicola Gauld	Edinburgh	4.20.16	1	Nisha Desai	Trafford	1.03.01
2	Carolyn Dickie	Windsor	4.55.25	2	Caroline Heaney	Windsor	1.06.57
3	Louise Highton	Trafford	5.03.60	3	Catriona Pennet	Edinburgh	1.07.08
4	Jo Tweed	Rugby	5.07.62	4	Tracy Webb	Rugby	1.08.08
5	Sophie Proffitt	SBH	5.08.64	5	Abigail Lambden	SBH	1.08.10
6	Adele Stach-Kenitz	Newham	5.35.30	6	Rebecca Shorrock	Newham	1.16.93
7				7			

Medley Relay		
1	Newham	2.43.82
2	Windsor	2.43.88
3	Rugby	2.48.83
4	Edinburgh	2.49.51
5	Trafford	3.13.11
6	SBH	DNS

MATCH RESULT :-

1	Windsor	80
2	Rugby	73
3	Trafford	65
4	SBH	63
5	Newham	61
6	Edinburgh	49